

# THACHER SPORTS ACADEMY

## BASKETBALL LEAGUE

August 4 - 8, 2025

9:00 a.m. - 3:00 p.m.

Ages 8 - 13

- Fast-break league games are split into two age groups
  - Ages 8 -10 (10U)
  - Ages 11 - 13 (13U)
- Build basketball IQ through real-time game film analysis
- Foster teamwork, communication, and leadership
- Enhance skills with the [Dr. Dish](#) shooting machine
- Compete in league games with standings and a final-day tournament



### 10U Teams

9:00 a.m.	Warm-up/Opening drill
9:30 a.m.	Shooting/Fast-break games
12:00 p.m.	Lunch/Break
12:45 p.m.	Film study/Drills
1:45 p.m.	Fast-break Games
2:45 - 3:00	Review of Day

### 13U Teams

9:00 a.m.	Warm-up/Opening drill
9:30 a.m.	Fast-break games/Shooting
12:00 p.m.	Lunch/Break
12:45 p.m.	Fast-break Games
1:45 p.m.	Film study/Drills
2:45 - 3:00	Review of Day



Register Here